

Monday 16th
to Sunday 22nd
January 2012



Oadby and Wigston
Borough Council

Oadby & Wigston

ALL
SESSIONS
£1 or
FREE

Date	Activity	Location	Time	
16th Jan	Circuits	All Saints Primary School, Wigston	6-7pm	£1
16th Jan	Urban Rebounding	United Reformed Church, Oadby	7-8pm	£1
17th Jan	Outdoor Gym Induction	Uplands Park, Oadby	10.30am-12pm	FREE
17th Jan	Laughter Yoga	Peace Memorial Park, Wigston	11-11.45am	£1
17th Jan	LEAP into Fitness	United Reformed Church, Oadby	2.45-3.30pm	£1
18th Jan	Health Assessment, Massages & Balance Activities	Wigston Library	10am-2pm	FREE
18th Jan	Brocks Hill Stroll	Brocks Hill Park, Oadby	11am	FREE
18th Jan	New Age Kurling	Freer Centre, Wigston	2.15-3.15pm	£1
19th Jan	Outdoor Gym Induction	Uplands Park, Oadby	2-3.30pm	FREE
19th Jan	Seated Exercise	Peace Memorial Park, Wigston	2.15-3pm	£1
20th Jan	New Age Kurling	Parklands Leisure Centre, Oadby	10-11am	£1
20th Jan	Zumba Gold	Bassett Centre, South Wigston	11.30am-12.30pm	£1

For more information on activities in Oadby & Wigston, contact:

Active Together Oadby & Wigston

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www.lrsport.org.uk/movemore



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